## Protocol Information

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Wrist Pain</th>
<th>Date</th>
<th>May 4, 2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Developed By</td>
<td>Dr. Hao Wu</td>
<td>Reviewed By</td>
<td>Dr. Paul Ziemer</td>
</tr>
</tbody>
</table>

## Protocol Description

**Disorder Description:**
There are many causes of wrist pain including but not exclusive to tendonitis, sprain, carpal tunnel syndrome and arthritis.

**Treatment Position:**
1. High light 10 min or Low light 15 min over palm;
2. High light 10 min or Low light 15 min over wrist;

*Note: If pain persists, seek professional diagnosis.*

**Treatment Protocol:**
- **Time:** 20 mins
- **Position:** 2
- **Light:** High
- **Treatment Interval:** 5 times/week, 2-4 weeks

**Result:**
- [ ] Satisfactory
- [ ] Acceptable
- [x] Desirable
- [ ] Exceptional
- [ ] Fully healed

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*Feel better. Again.*